

Cambridge Assessment International Education Cambridge International School





November | 2022-23

Monthly Newsletter

Reminisce, Reflect & Rebound

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Editors:

This month's Newsletter is special in every sense of the word: it has been designed with inputs from student journalists Riddhi Ishvarya B, Anuja S. Gandhi, Rahul Narayanan K, Krithic Sriram R, Dharane B. K, Sasyak Kaustubha Parkhi, Vibu, Nethra R & Sree Harinika .D of Grade 9 CAIE. It gives us immense pleasure and honour to see our learners grow, build, construct and move forward in leaps and bounds...

"History has a hashtag: it is a herald of the heartening echoes of synergy and symbiosis, interlaced with ingenuity."

Greetings! The month of November at Rak's has been eventful, to say the very least. Training programmes, field trips, workshops, competitions, sports with fortitude and classroom activities that nourish children's endowments... well, masterpieces and works of splendour are sometimes accomplished in less than 30 days :)



LEADERSHIP BOOT CAMP

History says that a bugle call was a call to get ready for battle. Well, in today's world, a 'bugle call' comes in different forms – in the form of a door open to a plump opportunity, in the form of a conviction to travel the road less travelled, or in some cases, in the form of a boot camp.

The leadership boot camp at Rak's Pallikkoodam was a short intensive, (and we added the FUN ELEMENT too) training programme aimed at motivating our learners of grades 9 to 12 to look ahead and leap forward by building further on what they already knew or what they already possessed. The programme was designed in collaboration with CreaPlay, an Organization based in Chennai.CreaPlay focuses on improving creative communication skills among students using theatre and storytelling.

The Camp begun at 4 p.m on Saturday, 5 November 2022. Learners came readybeaming, excited and invigorated! They registered their names and quickly rushed off to the Sports Arena to play Badminton, Basketball, Cricket and Football! This was followed by time to freshen up and engorge on the scrumptious Pav Bhajis and lemon juice!

The training session for Day 1 aimed at urging our learners to think bigger than what already exists. However, since this somber vision was wrapped and presented in the form of a game - reacting to a particular scenario in three levels of intensity, the outcome was achieved with lot of humour and laughter packed in! The learners got to have their second session of training on the football ground - they learnt how to cooperate, pick up cues and communicate - again in the form of games! The substantial dinner brought everyone to the POD with a content smile: they then settled down to watch a movie - choice vetoed by the teachers and student leaders. Popcorn distributed when the movie was on ensured the idyllic weekend ambience!







Saturday night saw the Enid Blyton Malory Towers scenes come alive again! Children chatting stealthily from inside their sleeping bags, the frequent excuses to the restrooms and pleas to walk around and gaze at the moonlit skies- the building was abuzz with the shushing sound of teachers! Very few Sundays visit us at dawn...

6 November woke up a few learners as early as 4 a.m! Two buses took our boisterous learners for the Trek at Palamalai Hills. Trainers from CreaPlay, along with the Teachers accompanied our learners for the Trek.



A nourishing and wholesome breakfast blew away the strain and exertion of the Trek. Critical thinking is a key skill of the 21st Century; a skill which we consistently and constantly focus on nurturing in our students. Therefore, the second day of training saw our learners grouped into teams, brainstorming, and arriving at feasible solutions for complex real-life hypothetical problems.

They also fielded questions from their peers, teachers and trainers on how they arrived at the final solution. It was refreshing and rewarding to see our learners collaborate, listen, think through together and present practical results.

Post-lunch session was aimed at getting our learners to create new scenarios and build on already existing scenarios, thereby promoting their creativity and spontaneity. All the training modules had ALL our learners participate, breaking their reticence.

When the sessions ended and the learners packed their belongings to go back to their homes, only one thought prevailed in the minds of the trainers and mentors: Teaching, perhaps is an accomplishment; but getting children interested in learning and excited about learning is an achievement- an achievement which undoubtedly yields rich dividend.



CHILDREN'S DAY FETE 2022: FUN, FROLIC AND FANFARE!

14th November, 2022: Although every day is Children's Day at RaK's Pallikkoodam, our school joined the rest of the nation in celebrating the distinct innocent and playful spirit that all children share.



The celebrations began with special mentor-led assemblies for Grades 1 & 2, as well as Grades 3 to 12. The highlights of the assembly included the presentation of the 'thoughts' for the day in multiple languages; Badaga and North Indian dance performances; 'Guess the Baby quizzes'; ribtickling news updates and more! Our mentors even went the extra mile and belted out classic and popular Tamil, English and Hindi songs, much to the delight of our learners.





Additionally, the little ones of Grades 1 & 2 also enjoyed a happy dance-off with their mentors, before being treated to a special magic show. The magician's sleight of hand, and set of tricks truly amazed and baffled our awe-struck learners.





Finally, the school's leadership team took this opportunity to announce a series of class awards with special rolling trophies. It was shared that all sections will be judged category-wise on parameters such as classroom management, learning displays, demeanor, conduct, cleanliness and harmony, with the winners set to be felicitated each month. With such high stakes at hand, the spirit of Children's Day is surely set to thrill and inspire our learners for many more months to come.





The day also saw the Cultural Committee organize a series of fun games and competitions across grade-levels. Keeping with our school spirit, these games challenged our learners to fully engage with their head, heart and hands. Competitions like the 'Balance Ordeal' challenge for Grade 3, 'Steady-Mind, Steady-Hands' race for Grade 4 and an exciting 'Treasure Hunt' for Grade 5 enthralled the junior school, while the class 'Lemon and Spoon' race as well as the 'Sack Race' encouraged our older learners to put their best foot forward!



WORLD OZONE DAY

Rak's commemorated World Ozone Day by organizing small activities and events for every class. Grades one to two were given different materials such as grains, millets and even buttons to develop and decorate images of the earth. Grades three-five were given images of World Ozone Day and they had to use paints, colour pencils and other art materials to colour and decorate it.



The learners of grades six to twelve were given cloth bags and they had to draw an image on the given cloth bag and use paints or even pencils to decorate the cloth bags to represent the current state of the ozone layer. What better way to spread awareness and create a sense of urgency amongst our learners to save our planet!

















NEW INITIATIVES:

ROBOTICS:

Robotics provides learners a hands-on learning experience to explore their potential and get them ready for the future.



Creativity, Critical Thinking and Collaboration are the foundational elements of the STEAM skills, sought to be developed and enhanced through the Robotics Classes introduced at Rak's in the month of November. The School has tied up with Big Bodhi Academy, Coimbatore for this purpose. Learners of grades 3 to 8 engage in designing and building models and programming. Currently, two sessions are offered in a week for Robotics Classes.



THEATRE

Theatre is a pivotal outlet for self expression that targets multiple senses simultaneously. It allows learners to explore various characters, their behaviours and different scenarios that are emotionally and socially inclined in a safe and supportive environment.

During theatre classes, learners are trained to improve their diction, voice, articulation, physicality and spatial learning. The lessons are planned meticulously to enhance the learners' listening, acting and communication skills through which they develop empathy, self esteem and confidence.





The initial training is given to come out of the cocoons they have built around them and accept themselves and the surroundings as they are. Learners are engaged in various warm up activities followed by the structural theatrical lessons.

ARTCORNER

OF CURIOSITY & CUBISM

Grades 6 CAIE & ICSE ventured into Picasso's world of portraits to better grasp the nuances of perspective and profile views. They worked with 'Picasso Portraits shown' in cardboard relief. These artsy learners were tasked with learning how to draw the parts of the face from the frontview perspective in addition to the profileview. This was facilitated through discussions as well as an exploration of the face-mapping.



They were curious to review the face mapping technique of measuring features on the face BEFORE they finally went to change the rules to fit the abstract concept. A game-changer indeed!







IGCSE Art & Design Course Work and Presentation By Rakster Sanshitha Sankar





12/01/14/4





We are proud to share with you that **Mr. Vimal Sivarajan**, our Art teacher won the I.A.C - INNOVIZE Arts & Culture - A Global Online Art Competition in the month of November.



A sample of his artistry!

LIMITLESS LEARNING -INSIDE & BEYOND THE CLASSROOMS

Learners of Grade 1 played Tug of War and explored the concepts of 'Push' and 'Pull' as part of the Science Unit 'Force.'



Learners of Grade 2 used loose parts to represent the organs of the Human Body.



Learners of Grade 2 counted the heart beats of their peers using a real stethoscope and used these recordings to create a bar









Learners of Grade 2 made string art and identified if the image was a mirror image.



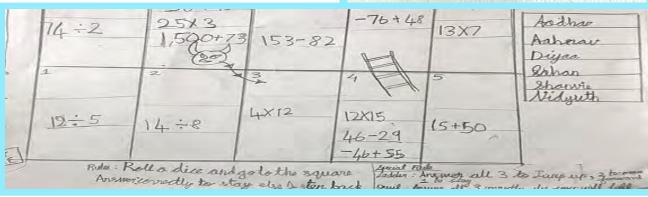
Music helps students' pronunciation and rap songs help stimulate language learning because of its repetitive format. Grade 5 children performed rap as part of their learning - speaking a little faster, grouping words together and of course having a bit of fun!



Board games created by grade 3 CAIE learners involving addition, subtraction, multiplication, division and negative numbers. The learners proved that Math is not limited to solving problems or calculations. They use their learning to build and experience connections in the form of games.







Math and Science are inseparable. When it is well integrated, it becomes the work of a fine masterpiece. The biostatisticians of Grade 8 CAIE did an integrated activity integrating the topics inheritance and probability to check the probability of having the same blood group as their parents using Punnett's square/sample space diagram. The learners were given the following tasks

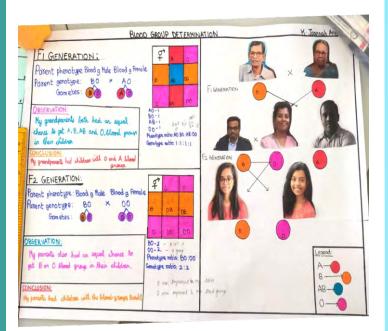
Task 1: Draw a family tree by stating the blood group of Paternal/Maternal Grandparents, Parents, and themselves.

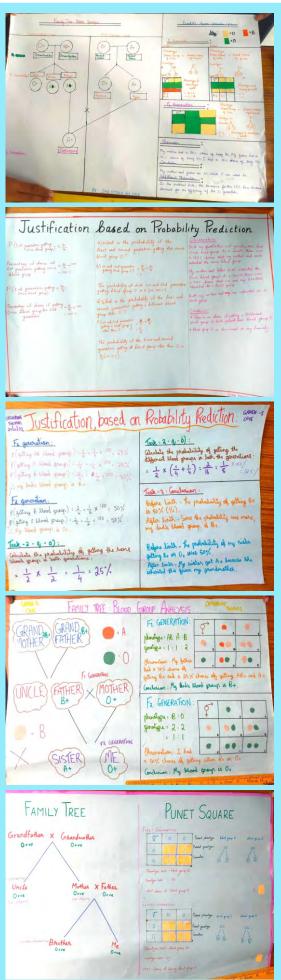
Task 2: Draw a Punnett's square for the first and second generation by choosing the appropriate gametes as per the blood groups.

Task 3: Write down the possibility of blood groups that the third generation can inherit the genotype of their parents and find the probability.

Task 4: Calculate the probability of the two/three generations of the same/different genotypes responsible for blood grouping using the multiplication rule of probability/Punnetsquare.

Task 5: Scientific and mathematical conclusions were made by looking at the results of the blood group after birth and comparing it with the predicted blood groups inherited from their f a mily members using Punnett's square/Sample space diagram.





TRIPS PROGRAMME

Grade 5 trip to Anaikatti

Learning outside classrooms is equally, if not more important, than learning indoors. Keeping that in mind, the students of grade 5 went on a trip to Anaikatti and visited the Nilgiri Biosphere Nature Park to survey the different ecosystems and observe how the animals survive there. The students were joined by a guide who explained the different types of ecosystems and about the food chain. During the walk around the reserve, the students got the opportunity to inspect different ecosystems such as a forest and a pond. They also saw multiple animals like ducks, dogs, pigs and the birds.



Additionally, they experienced the wonders of how fossil molds and cast preserve three-dimensional impressions of organisms, long gone. The learners also gained insight into the rock cycle and the various types of rocks that exist! After the tour of the reserve, the mentors conducted a fun quiz for the learners to check their understanding. The idea of learning outdoors never fails to open the minds of our young Raksters! We are sure that this learning is going to 'sediment' and stay with them for a long time to come!



Grade 6-8 TRIPS Programme One of the most enjoyable things for a learner is to board a school bus with friends and take off on an adventure! A break from routine, a focus on something new - there's just nothing like it!



The middle school learners were taken on a field trip to Ooty on November 19th,2022.

The learners started from school around 6:00 am in the morning. It was a beautiful morning- the chirping of the birds and the tranquil breeze during the journey inspired many learners to draw out their sketchbooks and doodle!



First in the list was the visit to the Botanical garden. The didactic intent was more than accomplished with the learners observing and recording the variety of plant species: running around the garden with their friends added to the fun and frolic!



Next, the learners were taken to the Doddabetta Tea Factory. History of tea cultivation in India is beautifully depicted through pictures in the Tea Facotry which piqued the interest of the learners. They eagerly looked at the manufacturing process and made notes of the process at each stage. The learners were also served freshly brewed tea - a congenial gesture extended by the staff at the tea factory.





The final visit was to Sim's park which is located at Coonoor. Learners thoroughly enjoyed the wonderful landscaped gardens (Topiary at its best!), & walkways lined up with beautiful flowers and a variety of flower plants collected from different parts of the country. The Lake situated inside the park served as a stupendous visual treat for the learners.



Beside the trip being pedagogic, it provided the learners an opportunity to demonstrate some of the virtues such as cooperation, concern for others, and caring and sharing outside the confines of their classrooms.



RECOGNITION HERE AND BEYOND:

GLOBAL WRITING COMPETITION:

Out of the 16 students who participated in the Marshall Cavendish Global Essay Writing Competition, 3 of our students won awards at the Country Level and one student won the award at the Global Level! The prize winning essays have been included at the end - not to be missed!



marshall cavendish

Rak's PALLIKKOODAM A 21⁵⁷ CENTURY GRADE SCHOOL

Marshall Cavendish Education (MCE), a Singapore-based organisation

which engages in providing global education solutions, had conducted a Global Writing Competition during the months of September - October this year.

The competition was one of its kind, because it gave the students an opportunity to consider the use of Artificial Intelligence (A.I.) in refining, enhancing and perfecting writing, in addition to redefining the way students looked at writing assignments.

We are proud to inform you that out of the 16 students who had participated from our school, 3 of them have won awards in the TOP COUNTRY CATEGORY.



ANOUSHKA AISOLA (Grade 7 CAIE)





SHRADDHA (Grade 8 CAIE)



SASYAK PARKHI (Grade 9 CAIE)

The winners will be awarded the prizes and certificates during an online ceremony on 15 November 2022. Congratulations once again!

SPORTS NEWS



Deeksha from Grade 1C won Silver medal in State level Roller Skating.

<u>TENNIS</u>



The RaK's Pallikoodam Sports' arena hosted a non-ranking junior tennis match, recently. The match consisted of both Under-10 and Under-14 categories.

Nine students from the RaK's Tennis Academy participated in this match. Notably, this was these RaKsters' first time in a tournament, representing RaK's.

Anthony, a learner from grade 5, made us proud and secured the runners-up position in the Under-10 category! His final match score was 3-6, which is certainly quite an impressive feat!

Unfortunately, the RaKsters who participated in U-14 lost in the round robin. However, their Coach Preethi quipped that the first-time participants have just gotten a taste of the intense competition out there! Propelling themselves forward with the lessons learnt, these RaKsters have now become more consistent and dedicated after their match experience, and are confident that they will be able to progress the next time! We certainly have our fingers crossed for them!

BADMINTON

The Yonex- Sunrise Anant Bajaj Memorial Tournament 2022 held in Hyderabad saw 2 of our players, Hari and Ruban accomplish an opulent honour. This is their 5th National Title!

In the TamilNadu State Under 13 Championship 2022, Nikhil won the first place in the Boy's Doubles and the third place in the Boy's Singles Category.



rak's SPORTS ARENA



Congratulations!

HARI & RUBAN

WINNERS OF Yonex-Sunrise Anant Bajaj Memorial All India Senior Ranking Badminton Tournament 2022 at Hyderabad



On the 24 November, 2022, distinguished players of the State who had made the Nation proud in National and International Tournaments were felicitated and awarded grants by our Honourable Chief Minister, Mr. M.K. Stalin. Our players were also acclaimed during this programme. It was a moment of great pride and honour for us!

Hariharan and Ruben Kumar were felicitated by our TN State Chief Minister Mr. M.K. Stalin for winning 2 Medals for Tamil Nadu at the National Games and were awarded a Cash prize of 5 lakhs.

Hari Haran and Ruben Kumar also won their 5th National title at the Ananth Bajaj Memorial All India National Ranking Tournament held in Hyderabad. Hariharan, Nardhanan, Ruben and coach Mahendran are seen with TN Sports Minister and VP Sports Development authority of India Mr.Ashok Sigamani. Congratulations to Coach Mahendran and team for championing these young sportsmen!



We would like to thank our Parent **Mr.Vignesh & Family** from **ARC Group of Companies** for coming forward and sponsoring **Hariharan & Ruben** for the International tournaments.



Congra	atulations!	raks FOUNDATION	Raks SPORTS ARENA	
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FOOTBALL

FOOTLOOSE ON THE FIELD! UNDER-14 It was an exciting weekend for the Under 14 team, as they won the Dreamlights tournament! The tournament was a grueling affair- mental pressure mounting from the competition and the heat and humidity of the day...



The team consisting of Kunal (grade 9 CAIE), Akilan (grade 8 CAIE), Mukunth Ram (grade 9 CISCE), Rahul (grade 9 CAIE) and Darshan (Rak's Sports Academy) showed great character and determination throughout the tournament, never letting their heads drop despite the difficult conditions. The team worked hard and played a sensational game, going on to win the tournament in a thrilling final match. The team's success is testament to their hard work and dedication.



They have been training hard, and their efforts have paid off. The team was also buoyed by the vocal support of their coaches and teammates who were present throughout the tournament! The team will now be focusing on the next tournament and aiming to keep up the good work and build on this success.

Kunal of grade 9 CAIE received the "Best Goalkeeper Award":)

UNDER-16

It was a long and rainy day at the Dreamlights tournament for our under-16 football team, but the team went in with high hopes of claiming the title.

After a hard fought tournament, our team made it to the final, up against the formidable Pride FC. The game was a close one with some amazing football being played by both teams. After 25 minutes of play, the score was level, and the game went into extra time.



Despite their best efforts and a couple of unfortunate injuries, neither team was able to break the deadlock, and so penalties were needed to decide the winner. Unfortunately, our under-16 team were unable to convert their penalties and Pride FC emerged victorious.

Despite the disappointment of losing the final, our team can take a lot of pride in their performance throughout the tournament. The team had put in a lot of hard work both on and off the pitch, and they should be proud of how they performed.

The team can also be proud of their second place finish. After a long, wet day, coming second in the tournament is a fantastic achievement and the team have done their school proud.

Congratulations to all the players and the team's coaches for the hard work and dedication that was shown throughout the tournament.

F U T U R E - F O R W A R D : ORIENTATIONS FOR PARENTS

GRADE-SCHOOL @ RAKS: ORIENTATION FOR PARENTS OF CREATORS

Given that the move to the Grade-School is imminent on the horizon for our 'creators' of the Lil Pallikkoodam, an orientation was held for their parents. The orientation explored the various changes they can expect in terms of school timings and routines, 'leveling up' of the curriculum, more options to choose from for sports and extra-curricular activities and more.

The orientation also shed light on how the school provides a 'transitional' period for the learners as they get accustomed to and settle into the grade-school environment and routine.

ONBOARDING TO GRADE 3: ORIENTATION FOR PARENTS OF GRADE II LEARNERS

The curriculum-crossroads after Grade 3 is a crucial one to navigate. To support our learners and their parents in making thoughtful and informed curriculumchoices, the school organized an orientation. The orientation shed light on the differences and similarities across the Cambridge and CBSE curricula in subject choices, focus and approach, assessment patterns etc.

ONBOARDING FOR IGCSE: ORIENTATION FOR PARENTS OF GRADE VIII CAIE

As they near the last leg of their journey in Key Stage 9, our Grade VIII CAIE learners and their parents were given an orientation to better understand the demands of the IGCSE and their prospects after its completion. The session was flagged off by Mr Aashik, a Cambridge curriculum expert.

Mr Aashik shared guidance about university eligibility and equivalence, as well as broad tips for making smart choices for the IGCSE.

This session was followed by an orientation by the senior leadership team about the subject-choice electives and combinations offered at Pallikkoodam in the upcoming academic session, as well as a general Q&A to offer more clarity.

OVERVIEW & ORIENTATION FOR NEW ADMISSIONS

The Pallikkoodam family welcomed prospective learners and their parents to an orientation and school tour. The orientation gave the learners and their families a 'window' into learning and teaching at RaK's, and helped them understand what makes life at RaK's uniquely thrilling!



कार्यशाला

रेक्स पलिकुड़म के हिंदी विभाग को सुदृढ़ बनाने के लिए और शिक्षिकाओं को नई तकनीकों और रचनात्मक बदलावों की जानकारी देने के लिए समय-समय पर कार्यशालाओं का आयोजन करके प्रशिक्षण कार्यक्रम चलाया जाता है ताकि वह अपने बुद्धि और कौशल से भाषा को सही रूप में विद्यार्थियों तक पहुँचा सकें।

यह कार्यशाला 19 नवंबर को मधुबन प्रकाशन द्वारा कोयंबटूर में आयोजित की गई, जिसके मुख्य अतिथि वरिष्ठ शिक्षक और संपादक श्री संजीव कुमार झा थे। इस कार्यशाला में हमारे विद्यालय की शिक्षिकाओं ने भाग लिया, जिसमें उन्हें नई राष्ट्रीय शिक्षा नीति के बारे में बताया गया । साथ ही शिक्षिकाओं को लेखन, श्रवण, पठन और वाचन जैसे भाषा कौशलों से संबंधित गतिविधियों को रोचक बनाते हुए विद्यार्थियों को भाषा ज्ञान करवाने का सुझाव दिया । उन्होंने प्राथमिक कक्षाओं में सस्वर वाचन, माध्यमिक कक्षाओं में मौन वाचन और कविताओं को सुर-ताल में सिखाने के छोटे-छोटे कई सुझाव दिए, जिससे भाषा के प्रति रोचकता विद्यार्थियों में बढ़ेगी । शिक्षिकाओं ने कई सुझावों को हाथों हाथ लेते हुए उनका कार्यान्वयन करना शुरू भी कर दिया। यह कार्यशाला शिक्षिकाओं के लिए काफी उत्साहवर्धक और उपयोगी रहा ।



SOCIAL RESPONSIBILITY:

At Pallikkoodam, we never underestimate the power of a single idea! Grade 7 CAIE students took the initiative to propose a distinctive and thoughtful idea -opening a charity box for under-privileged kids in need of school supplies.

This idea struck the learners while exploring a Global Perspectives unit on the right to education.

These considerate and compassionate learners placed a charity box in their classroom to pool together spare and surplus stationery.

Inspired by the impressive amount that they managed to put together, they reached out to other grades through an appeal in the morning assembly. To their astonishment, the box was overflowing with stationery within just a few days.

The turnout affirmed their belief that a single idea can make a huge difference and that true learning requires taking action in the real world!

Grade 7 CAIE also extended their thought and creativity to yet another cause! The learners reused and recycled materials they had at hand to craft a one-of-a-kind bird feeder.

This project saw the learners put in many days of research into the kind of birds that frequent this part of Coimbatore, as well as their food preferences.

After having gathered the requisite data, the students set up the bird-feeder in their classroom's balcony.

To their delight, they were able to observe that nearly 50-70 birds visited their birdfeeder during the monsoon season alone!



PRIZE WINNING ESSAYS:

Essay by Shraddha Rajesh :

"Recycling is doing more harm than good", I unquestionably disagree with this stance. Recycling is the key to a successful environment. When I think about recycling, several synonyms come to mind, like reduce, reuse, reclaim or recover. We need to promote the recycling of old items and raw materials at school, at work, in restaurants and at home.

When we reuse objects or construct them new again, the old matter is not wasted, and they do not produce new materials. For decades, we have been living with toxic waste and contributing to environmental hazards all around us every day.

We live in a fast-evolving society, from needing the newest in technology to purchasing recently developed objects whenever we want something. People do not think about the outcomes or possibilities of recycling our disregarded things.

The aged theory of "out with the old, and in with the new" has been our society's motto for decades. Recycling is a crucial part of caring for the environment while it lessens pollution, saves non-renewable resources together with renewable resources and reduces costs.

How might recycling bring down pollution? If you throw away a recyclable object, let's say a plastic bottle, it will end up in the landfill. Say it rains, and the bottle gets washed away onto the streets. Now it's just pollution, even though you didn't litter mindfully.

If you recycle that plastic bottle instead, they will take it to a recycling plant, melted down, and pressed into a brand-new item. A plastic bottle for a t-shirt! Can you believe that? This way, recycling can also reuse old raw materials, and reduce the amount of pollution.



Recycling also helps in saving renewable and non-renewable elements. They make plastic from chemicals which include oil, coal, and natural gas; all of which are nonrenewable.

We can't throw around our non-renewable substances carelessly. It takes millions of years for them to form once again! In addition, we need to be careful with our renewable equipment. Plants are vital to our survival and we have to make sure there is enough. Recycling also helps in saving renewable and non-renewable elements. They make plastic from chemicals which include oil, coal, and natural gas; all of which are nonrenewable.

We can't throw around our non-renewable substances carelessly. It takes millions of years for them to form once again! In addition, we need to be careful with our renewable equipment. Plants are vital to our survival and we have to make sure there is enough.

If we use all of our trees for paper, we would surely suffer, as they provide our primary source of oxygen. Planting more trees is a way to avoid this, reusing! If we reprocess our used paper, we can shred it down to create more paper instead of cutting down more trees, ruining our ecosystem.

Lots of recycled products are less expensive than brand-new ones. Buying cans, bottles, paper, and some clothing items made from recycled goods are all potential ways to save you money. People can use their recycled items.

People can use their recycled paper to put together pencils, which saves money. When people manufacture paper, it costs \$25,000 dollars a month. If people use recycled paper, then it won't even cost about \$100. The benefit in cost per can in terms of savings is so low that it's quite insignificant.

On another level, the savings in terms of energy required in assembling a new can from scratch as compared to making it from an existing can is tremendous. The cost of aluminium would be high if people did not recycle it.



Metals like copper, iron, and steel can also be recycled. Scrap bits of metal can be brought to a scrap dealer who will pay cash for the metal. Automobile manufacturers get good money for scrap metal too.

To conclude, recycling is a crucial part of caring for the environment because it lowers pollution, saves renewable and non-renewable materials and reduces. Just a few extra minutes to stop and put a recyclable thing in the correct bin can save the environment from pollutants and depletion of natural resources.

You can make all the difference by just recycling! So go, see how much of a difference recycling can make and spread the word about the need to recycle. Those few extra minutes can make a difference to the health of the planet.

Essay by Sasyak Parkhi

I believe that recycling is doing the environment more harm than good. It is a lopsided approach to a serious problem, its repercussions far outweighing its advantages.

The mantra- 'reduce, reuse, recycle', although famous, doesn't pan out. It encourages people to work with what they already have, as well as to reduce its negative environmental impact. Recycling is a form of damage control, and it doesn't make for a viable long-term solution. It extols careless purchase choices by consumers, while justifying the choices with the promise of sustainability.



"Just recycle it!", many say, not knowing the weightage of their words. They are trying to market an industry that seems green and hunky- dory at face value, but is, in reality, a job and cost-intensive task, and a logistical nightmare.

Why recycle, when you can buy smart? In today's world, the options for environmentfriendly products in any market are limitless. Try cloth bags as an alternative for polythene bags, and steel flasks instead of plastic bottles.



Really, we're spoiled for choice, but we aren't making the right decisions. Even if we resolve to do so, the wrong ones will haunt the environment forever. According to the OECD, only 9% of plastics in the world are recycled: an underwhelmingly low number.

Corporations also play their part in this 'recycling ruckus'. After all, we are mere customers. Our choices are saturated by the products of profit- hungry companies, who will go to long lengths to save money, while completely disregarding the planet that houses them. According to the Global Plastics Outlook, just 1% of plastic produced globally is biodegradable.



This means that attempting to recycle the remaining 99% will result in the release of harmful gases, which pose a threat to vegetation, animal and human life. That makes all the effort redundant.



When you think about it, recycling isn't really worth it. Do you think its downsides are justified? After all, when our future rests on this world, shouldn't we be careful with it? We should be conscious of our purchases. If we can't afford to correct mistakes, we can't afford to make them.

Essay by Anoushka Aisola

Several individuals have heard of the three Rs (reduce, reuse, and recycle), but do they truly understand their meaning? Do they realise it can prevent us from destructing our own planet and act as a reversal of our environmental actions?

I disagree with the declaration that recycling is causing more harm than good. Some may oppose this statement, but recycling has several benefits.

To begin with, recycling helps reduce pollution, and as a result, our environment becomes cleaner. According to Statista.com, 34.81 billion metric tons of carbon dioxide have been emitted into the atmosphere in the year 2020. The inhalation of carbon dioxide causes dangerous health problems, such as breathing problems, lung cancer, and asthma.

It is made clear from statistics that waste is a major source of these emissions, yet we continue to pile up landfills. Some may argue that toxins in products end up in reused products, but atmospheric pollutants can be more hazardous than a few toxic products.

According to 'The Guardian', 400,000 to 1 million humans per year is the annual rate for deaths resulting from mismanaged waste. If we stop throwing waste and put it in the 'green bin', we can reduce these numbers.

Next, recycling conserves materials. For instance, the metal from metal tins can become parts of cars. According to Theworldcounts.com, we dump 2.12 billion tons (about 192323.4 billion kilograms) of waste every year. Our resources are extremely limited, so we must use them wisely and not put them to waste. We should recycle so we can conserve our resources.

Third, recycling can save plants as well as animals. When we recycle paper, we save trees. Trees must be cut to make fresh paper, but wild animals will not be able to thrive without them. We currently have only one habitable planet, and if the wildlife on our planet dies, we will eventually die without essential resources. We also directly harm animals by throwing trash. For instance, plastic which is thrown in landfills can end up in the oceans. When fish swim in the ocean, they can come across pieces of plastic and mistake it for food. Plastic might choke and kill fish and other marine species, and they may eventually become extinct by falling into our traps.

According to <u>www.climateaction.org</u>, 700 species are already at risk of extinction due to plastic pollution. This terrible and tragic problem requires action, and we should take action by ensuring that animals do not suffer due to plastic.

To summarise, recycling reduces atmospheric pollution, conserves materials, and saves wildlife. Recycling has such a big positive impact on our environment, yet why don't most of us do it? If everyone takes action, our planet can become the clean and green place that we want and need it to be. We should focus on this essential goal to take a small step towards saving our environment, so start recycling soon.

Pick up plastic bottles that are lying on the ground and put them in the recycling bin instead of letting them go into landfills.

Do your part to help protect Earth, our only home.





From the Founder's Desk

A growth mindset gives your child the building blocks for lifelong self-confidence- an essential component to long-term well-being.

We invite parents to join our RaK's community to learn more about how to raise a resilient and self-confident child.

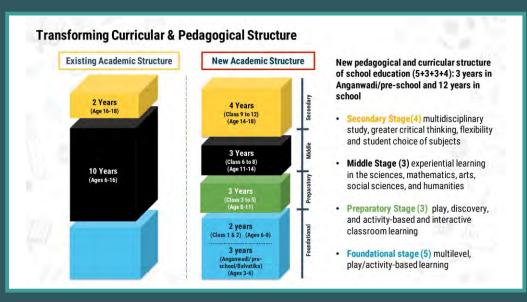
IF PARENTS WANT TO GIVE THEIR CHILDREN A GIFT, THE BEST THING THEY CAN DO IS TEACH THEIR CHILDREN TO LOVE CHALLENGES, BE INTRIGUED BY MISTAKES, ENJOY EFFORT, AND KEEP ON LEARNING. THAT WAY, THEIR CHILDREN DON'T HAVE TO BE SLAVES OF PRAISE. THEY WILL HAVE A LIFELONG WAY TO BUILD AND REPAIR THEIR OWN CONFIDENCE.

NATIONAL CURRICULUM OVERVIEW FOR PARENTS

The National Education Policy has been making waves ever since it has been rolled out. It paves the way for national curricula in India to reinvent themselves by breaking the mould of the 10+2 structure by embracing the 5+3+3+4 framework. The NEP has several innovative and learner-centric implications for the national curricula including the introduction of multidisciplinary learning electives, courses focused on artificial intelligence and much more.

In the light of these changes, the school oriented parents of ICSE learners in Grades 3-7, about these developments as well as the competitive edge offered by the CBSE curriculum as the school's new national curriculum pathway. The school is confident that with the combination of the CBSE advantage as well as the RaK's way of teaching and learning, that our learners opting for the national curriculum will be well equipped to confidently meet the challenges of the 21st century and beyond.

Our current ICSE learners of Grade VIII and above (until the batch of 2025) remain unaffected by this move.



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